Long Valley Junior Lacrosse Club

Social Media Code of Conduct

Long Valley Junior Lacrosse Club uses social media as a communication and promotion tool. It is very important that all involved are aware of the Long Valley Junior Lacrosse Club Social Media Code of Conduct, and that a breach of this code will have consequences. Both player and parents/guardians are required to accept this agreement by signing electronically.

1. Social media can be fun, helpful and dangerous.

Comments, notes and photos posted on social media sites such as Facebook, Twitter and on-line forums are usually constructive and positive.

Negative comments and images, bullying, criticism and sexist remarks can be dangerous and harmful to people's wellbeing and reputation and the image of the sport.

2. Do not use social media to be critical of teammates, coaches, officials, administrators, volunteers or spectators.

Any comment you make on social media sites has the potential to be seen by millions of people. That is great if comments are positive. But it can be extremely negative and harmful if critical of people. Before you post a comment on social media ask yourself this: Would I want millions of people to read something negative about me?

3. Always assume the person you are talking/writing about will see what has been said/written.

Just because an online chat is between two people does not mean it remains private and nobody else can see it. Social media is accessible to everyone. Even if the person you are discussing does not see it, somebody else may.

4. Use social media as a positive outlet to promote players, teammates, teams, clubs and others involved in lacrosse.

Posting results and acknowledging individual and team performances on social media makes many people aware of team and individual achievements. That can have a positive effect for many people and should be used, encouraged and embraced wherever and whenever possible.

5. Do not tolerate or condone poor social media behavior or actions.

If you are aware of or observe poor social media behavior or actions, do not accept it. There is no place for it in lacrosse and it will not be condoned. You should remind people of their responsibilities when using social media and warn that action can be taken against them. In the instance of minors breaching the code of conduct, alert their parents to the situation. If you believe the breach is serious, report it to team, club or association officials.

6. Be aware that your actions on social media may have serious consequences.

Negative comments and images, bullying, criticism and sexist remarks do not only impact negatively on the people they are about. If you are found to have acted improperly on social media regarding a lacrosse related matter, you are liable to disciplinary proceedings and will be required to explain your actions. A suspension from lacrosse could be imposed.